Resources.

12 Step Programs

Denver Area Central Committee of Alcoholics 303-322-4440 (24hr) www.daccaa.org

Narcotics Anonymous of Denver 303-832-3784 (call or text) www.denverna.com

Cocaine Anonymous of Colorado 866-768-7709 (toll free hotline) www.ca-colorado.org

SAMHSA National Helpline 1-800-662-4357

Denver AL-Anon Service Center 303-321-8788 www.denverasc.org

Denver Nar-Anon 888-307-9890 www.naranonrm.org

CMA Anonymous www.coloradocma.org

"The only reward is the opportunity to be of service and to use our experience, strength, and hope."

Become a TSRA member today.

Visit TSRAcolorado.info or email info@tsracolorado.info





We Live. We don't just survive.



Twelve Step Recreational Assocation

Together we build unity through recreational sports.

WHO ARE WE

A community of over 500 recovering

persons. TSRA is a Twelve Step Recreation Association, providing an open membership for anyone in recovery seeking safe and positive social and recreational activities. Over seen by a voluntary service committee, comprised of people in recovery, our goal is to foster lifelong friendships and community, and live life to its fullest.

OUR HISTORY

Established in 1981, the TSRA committee evolved from the 12 Step Softball League Board. After years of softball, we've expanded the league to include many other sports and activities. TSRA is now a 501-C-7 non-profit.

ACTIVITIES WE OFFER

We offer both paid and free activites as well as scholarships for those in need. Our leagues include Softball, Volleyball and Soccer. We also have pick-up Flag Football (every Saturday), and monthly group activities/events, such as paintball, cornhole, golf, BBQs, travel softball tournaments, sports games etc.

LEAGUES*

Slow-Pitch Softball: Summer and Fall Volleyball: Summer (Sand), Fall (Grass), Winter/Spring (Indoor) Indoor Soccer: Winter (Indoor) *Schedule may vary



THE FULL ABOUT TSRA

We, as active members in recovery, have found a way to build unity within groups of alcoholics and addicts through recreational sports, such as softball, flag football, soccer, and volleyball. We encourage anyone who is a member of a 12 step program (AA, CA, NA, CMA, AL-Anon, Nar-Anon) to join. Twelve Steps Recreation Association, while not a 12 step program, provides a way to strengthen and enlarge our fellowship with other Addicts and Alcoholics who share the same common goal to stay clean, broaden our network of help, and ultimately bring joy to our lives and the lives of others.

We are guided by the spiritual principles detailed in the 12 traditions but are in no way a substitute for meetings or recovery. If you are struggling, please reference any of the numbers on the 12 step program list.

Join US! Email info@TSRAcolorado.info to get on a team or visit www.TSRAColorado.info for latest events